



Year 9
Early Childhood Studies
 Growth and Development
 Case Study
 Semester One

Name: _____ Due Date: _____

Criteria A – Knowledge & Understanding					
	A	B	C	D	E
Student can define, explain terms, recall facts and concepts taught:-	Clearly and accurately	With minor errors	With variable but acceptable errors	With major errors	With little understanding

Criteria C – Organisation of Materials					
	A	B	C	D	E
Student can collect, organise and present materials.	Very logically and very appropriately	Logically and appropriately	With an acceptable level of appropriateness	Inappropriately	Without success

Your task:

Complete a case study on a child (12 months to 5 years) to gain an understanding of their growth and development. Complete all answers in full sentences.

1. Child Profile

Name _____ D.O.B; _____

Age: _____ Place of Birth; _____

Physical Characteristics:

Weight: _____

Height: _____

Eye Colour: _____

Hair Colour: _____

Position in the family:(e.g.BSSX). X Represents the Case Study Child: _____

Age of Brothers and Sisters (e.g. B=7 years S=5years); _____

2. Hereditary characteristics are those that are passed down from parent to child.

Describe any characteristics the child show that are similar to other family members or relatives. e.g. The hair colour is the same as mother.

3. Eating Habits

Outline the child's eating habits for a typical day.

Breakfast

Lunch

Dinner

Answer the following in sentences

Does the child eat between meals, if so, how often?

Does the child have any likes or dislikes?

Where does the child sit to eat meals?

4. Sign of Physical Development

Complete the following table by ticking the signs of physical development demonstrated by the child.

<i>Physical- up to 6 months</i>		<i>Physical- 24 to 36 months</i>	
• from birth, turns head towards sound and movement	<input type="checkbox"/>	• growing less rapidly and may become fussy about eating	<input type="checkbox"/>
• gradually holds head steady	<input type="checkbox"/>	• begins to show a preference for using right or left hand	<input type="checkbox"/>
• enjoys being gently pulled by the hands into a sitting position	<input type="checkbox"/>	• scribbles with crayon or pencil	<input type="checkbox"/>
• reaches up to hold feet when lying on back	<input type="checkbox"/>	• can pour from jug or carton	<input type="checkbox"/>
<i>Physical- 6 to 12 months</i>		• use toilet with help	<input type="checkbox"/>
• moves from sitting with support to sitting alone	<input type="checkbox"/>	• can learn to ride a tricycle	<input type="checkbox"/>
• rolls over from back	<input type="checkbox"/>	<i>Physical- 36 to 48 months</i>	
• cuts first teeth	<input type="checkbox"/>	• walks and runs	<input type="checkbox"/>
• learns to drink from a cup and take solid food	<input type="checkbox"/>	• jumps with feet together	<input type="checkbox"/>
• begins to creep, crawl, or shuffle on the bottom	<input type="checkbox"/>	• rides with tricycle	<input type="checkbox"/>
• pulls on or pushes against adult hands or furniture to reach a standing position	<input type="checkbox"/>	• can toilet self	<input type="checkbox"/>
<i>Physical- 12 to 24 months</i>		<i>Physical- 48 to 60 months</i>	
• feeds self	<input type="checkbox"/>	• can begin to ride bicycle	<input type="checkbox"/>
• begins to walk	<input type="checkbox"/>	• can balance on one leg	<input type="checkbox"/>
• pushes and pulls toys while walking	<input type="checkbox"/>	• hops	<input type="checkbox"/>
• scoots around on wheel toy	<input type="checkbox"/>	• jumps over obstacles	<input type="checkbox"/>
• climbs up steps	<input type="checkbox"/>	• can propel self on swing	<input type="checkbox"/>
• rolls or throws a ball	<input type="checkbox"/>	• holds pencil with thumb and forefinger	<input type="checkbox"/>
• holds a pencil or crayon in fist	<input type="checkbox"/>	• can dress self except for tying shoe laces	<input type="checkbox"/>
• enjoys unwrapping small objects	<input type="checkbox"/>		
• takes off shoes and socks	<input type="checkbox"/>		

5. Signs of Social Development

Complete the following table by ticking the signs of social development demonstrated by the child.

<i>Social- up to 6 months</i>		<i>Social- 36 to 48 months</i>	
• watches adults faces when feeding	<input type="checkbox"/>	• begins to cooperatively play with other children	<input type="checkbox"/>
• smiles at faces and voices	<input type="checkbox"/>	• shares and takes turns sometimes	<input type="checkbox"/>
<i>Social- 6-12 months</i>		<i>Social- 48 to 60 months</i>	
• disturbed by strangers, and may cling to familiar face	<input type="checkbox"/>	• develops more friendships, especially friends of the same sex	<input type="checkbox"/>
• shows affection to familiar people	<input type="checkbox"/>	• more willing to share and take turns	<input type="checkbox"/>
<i>Social- 12 to 24 months</i>		• show some understanding of other peoples feelings	<input type="checkbox"/>
• becomes less fearful of strangers	<input type="checkbox"/>		
• plays alone or alongside other children	<input type="checkbox"/>		
• defends personal belongings- does not understand sharing	<input type="checkbox"/>		
• may hit or push other children if threatened	<input type="checkbox"/>		
<i>Social- 24 to 36 months</i>			
• knows the names of familiar faces	<input type="checkbox"/>		
• may have 'favourite' people	<input type="checkbox"/>		
• can say name	<input type="checkbox"/>		
• still has difficulty sharing or taking turns	<input type="checkbox"/>		
• may throw tantrums when tired or frustrated	<input type="checkbox"/>		
• can be both very loving and very demanding	<input type="checkbox"/>		

7. Emotional Development

Complete these questions by using complete sentences.

What activities does the child enjoy?

Does the child have a favorite toy or comforter?

How does the child react when;

- a) tired _____
- b) hungry _____
- c) angry _____
- d) happy _____
- e) afraid _____
- f) sick _____

Does the child like to share?

How does the child interact with adults?

How does the child interact with other children?

8. Thinking and Communicating

Complete the following table by ticking the signs of thinking and communicating demonstrated by the child.

<i>Thinking and Communicating - up to 6 months</i>		<i>Thinking and Communicating - 24 to 36 months</i>	
• cries when uncomfortable or hungry	<input type="checkbox"/>	• Keen to do things for him or herself “me do it”	<input type="checkbox"/>
• may stop crying when picked up	<input type="checkbox"/>	• Begins to speak in short sentences	<input type="checkbox"/>
• Makes many different sounds including cooing, chuckling and babbling	<input type="checkbox"/>	• Is easier to understand	<input type="checkbox"/>
• Looks and reaches for objects	<input type="checkbox"/>	• Uses names of objects	<input type="checkbox"/>
• Holds and shakes a rattle	<input type="checkbox"/>	• Copies the behaviour of others	<input type="checkbox"/>
• Puts everything in mouth	<input type="checkbox"/>	• Claps in time to music	<input type="checkbox"/>
• Laughs at games such as an adult pulling faces	<input type="checkbox"/>	• Can follow simple instructions “please fetch me your shoes”	<input type="checkbox"/>
<i>Thinking and Communicating – 6 to 12 months</i>		• Enjoys listening to stories	<input type="checkbox"/>
• Turns or looks up when hears her name	<input type="checkbox"/>	• Can put together a simple puzzle	<input type="checkbox"/>
• Makes distinct and separate sounds	<input type="checkbox"/>	• Interested in the size of objects and uses words such as big, little, heavy	<input type="checkbox"/>
• Imitates some sounds and words such as dada, bubba, ta	<input type="checkbox"/>	<i>Thinking and Communicating - 36 to 48 months</i>	
• Pats or pokes objects when playing	<input type="checkbox"/>	• Can listen & identify sounds (eat, dog, vacuum cleaner)	<input type="checkbox"/>
• Passes objects from hand to hand	<input type="checkbox"/>	• Can sing or say some songs and rhymes	<input type="checkbox"/>
• Bites and chews toys	<input type="checkbox"/>	• Enjoys stories	<input type="checkbox"/>
• Enjoys dropping things and watching them fall	<input type="checkbox"/>	• Counts to five	<input type="checkbox"/>
• Looks for things which have been hidden or dropped	<input type="checkbox"/>	• Asks endless questions but may not stay around to hear the answers	<input type="checkbox"/>
• Plays turn taking games such as peek a boo	<input type="checkbox"/>	• Asks the meaning of new words	<input type="checkbox"/>
• Responds sometimes to the word NO	<input type="checkbox"/>	• Speaks in short, clear sentences	<input type="checkbox"/>
<i>Thinking and Communicating – 12 to 24 months</i>		• May name drawings	<input type="checkbox"/>
• Waves goodbye	<input type="checkbox"/>	<i>Thinking and Communicating - 48 to 60 months</i>	
• Points or makes noises to indicate wants	<input type="checkbox"/>	• Can answer questions clearly	<input type="checkbox"/>
• Enjoys a picture book	<input type="checkbox"/>	• Can tell what is happening in real situation or in a picture	<input type="checkbox"/>
• Shakes head for NO	<input type="checkbox"/>	• Gives information and talks about past experiences but may find it difficult to say what happened during the day when asked	<input type="checkbox"/>
• Uses several recognisable words and tries to say new words	<input type="checkbox"/>	• Tell stories, jokes, and riddles (jokes may not make sense to adults)	<input type="checkbox"/>
• Uses two word phrases “all gone”, “me drink”	<input type="checkbox"/>	• Can pass on messages	<input type="checkbox"/>
• Remembers where things belong	<input type="checkbox"/>	• Can count out five items when asked “give me five stones”	<input type="checkbox"/>
• Rocks, bounces, claps or hums to music	<input type="checkbox"/>	• Moves from scribble to line drawings	<input type="checkbox"/>
		• May draw people, houses, machines, animals, maps and patterns	<input type="checkbox"/>
		• Enjoys making things out of odds and ends	<input type="checkbox"/>
		• Uses “and” and “but”	<input type="checkbox"/>
		• May write name	<input type="checkbox"/>

